



PHOTO BY RENEE RUGGLES/THE GAZETTE

Day of Service

At least 125 volunteers filled the Mount Vernon High School cafeteria to participate in the Martin Luther King, Jr. Day of Service, hosted by Americas Adopt A Soldier. Students, school staff, members of the boys basketball team, and several community organizations came to donate supplies and their time. More photos, page 3.

Advocate Against Opioid Abuse Attends State of the Union

Don Flattery's son suffered an OxyContin addiction, died at 26 from an overdose.

BY TIM PETERSON
THE GAZETTE

Kevin Flattery had every thing before him. A 2010 graduate of the University of Virginia, he had moved to Los Angeles after college and was starting a career in the film industry. "He was doing everything he wanted," said Kevin's father Don Flattery.

As Kevin Flattery moved through a series of high-stress, low-paying jobs trying to make his way, he started to struggle with anxiety and depression. His parents helped get him therapy, but Kevin Flattery also began to self-medicate with the opioid prescription drug OxyContin, a narcotic pain-reliever.

"They're everywhere, not hard to find," Don Flattery said. "They do have a soothing effect; they affect the limbic region of the brain and can help with stress, but over



COURTESY OF THE OFFICE OF SEN. TIM KAINE (D)

U.S. Sen. Tim Kaine (D) (left) invited opioid control advocate Don Flattery (right) of the Mount Vernon area to be his guest at the 2016 State of the Union address.

time you build a tolerance and need more to have the same calming effect."

Kevin Flattery came home to Virginia in 2013 for intensive outpatient treatment for addiction in the Inova hospital program. When he was offered a job with a film company in New York, Kevin Flattery halted his treatment at Inova and got help from a substitute program in Manhattan. That was unsuccessful, Don Flattery said, so his son returned to northern Virginia. Kevin Flattery died from an overdose on Aug. 30, 2014.

"In my son's case, he wasn't a 15-year-old, surrendering his

youth, ingesting every substance known to man," Don Flattery said. "He came to his addiction as an adult."

As parents, Don and his wife Priscilla didn't know where else to look for help about their son's addiction. "We were on our own," Don Flattery said.

As Don Flattery sought to educate himself on the effects of opioid prescription pain medications like the ones his son was addicted to, he unraveled a larger problem, a public health epidemic.

"Overuse of prescription opioids has resulted in massive amounts of these drugs available in our

communities, workplaces, schools and medicine cabinets," Don Flattery said. "As a result, they're widely available to be used non-medically, or abused, and medically, over prescribed and over used. Both are pathway contributors to the current opioid addiction epidemic."

Though his son died at 26, Don Flattery emphasizes the fastest-growing age group suffering prescription opioid overdose deaths is adults 55 to 64. The age group with the largest number suffering non-fatal prescription opioid overdoses is 45 to 54 years old.

"It isn't just a matter of young people," Don Flattery said. "It strikes people from all backgrounds and age groups as well."

Don Flattery retired after 37 years as a federal manager and dedicated himself to becoming an advocate and policy advisor. Gov. Terry McAuliffe (D) appointed him to the Governor's Task Force on Prescription Drug and Heroin Abuse, and he advises the FED UP

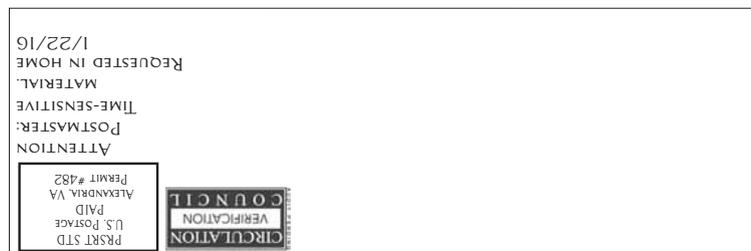
Coalition and Physicians for Responsible Opioid Prescribing.

"Don has been especially effective because he had experience as a high-ranking official for the Environmental Protection Agency," said Dr. Andrew Kolodny, M.D., chief medical officer for New York City-based alcohol and drug rehabilitation center Phoenix House, and an advocate with FED UP Coalition. "He understands how federal agencies work and knows his way around Capitol Hill. He's also just very bright, and understands the key drivers of the problem. He's very articulate and that makes him a very powerful advocate."

According to the CDC, over 259 million prescriptions for opioid painkillers were written in the United States in 2013, including 30, 60 and 90-day prescriptions.

From 1997 to 2011 there was a 900 percent increase in opioid prescriptions, according to Kolodny. "That's what's driving this crisis," he said.

SEE PAINKILLER, PAGE 7





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A Day of Service



About 130 care packages were filled, assembly-line style. The boxes were shipped to troops, overseas. They are heading to Iraq, Afghanistan, the Horn of Africa, and to certain ships.



Sisters Makida (left) and Nami Soloman (right) and Naomi Teferra, volunteered their time creating hand made cards to go in the care packages.

More than 1,000 care letters and cards were including in the 130 boxes packed to send to the troops.



PHOTOS BY RENÉE RUGGLES/THE GAZETTE

Americas Adopt A Soldier hosted its second annual Martin Luther King, Jr. Day of Service at Mount Vernon High School. Volunteers sorted and organized 500 toys that were donated by community members and local organizations. The toys were delivered to Walter Reed Hospital, where they will be distributed to the patients in the Pediatric's Unit.



The women of the Delta Sigma Theta Sorority, Northern Virginia Alumnus Chapte, donated supplies and time for the Martin Luther King, Jr. Day of Service. Former Mount Vernon High School Principal Nardos King (right of center), now assisant superintendent of Baltimore Public Schools, is among the many members who came to volunteer, along with their president, Tameka Tunsil (center).

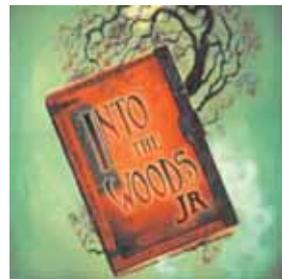


Mary Keeser, founder of Americas Adopt A Soldier, has been coordinating these efforts since the late '90s. She thanked the crowd of volunteers for their efforts and told them where their packages would be heading and how the donated toys would be put to use. For more information, see americasadoptasoldier.org



Sgt. Major Sean Baker (US Army) thanked the volunteers for their efforts. As someone who has been one of the soldiers who will be receiving the packages, he was able to convey how much it means: "You are exporting a piece of home." He encouraged everyone to continue to give back, saying "Service is transformative."

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OBITUARY

Remembering Edward Yellman

BY CELINE ANDERSON
AND ROSE SEE
THE GAZETTE

Edward K. Yellman, a retired colonel in the U.S. Army and father of five, died at his home in Alexandria on Monday, Jan. 4, 2016.

According to his daughter, Donna Vasquez, he lived by three principles: "Faith, Family and Country."

Born in Lexington, Ky. in 1925, Yellman began his higher education at the University of Kentucky. He soon enlisted in the U.S. Army and was on his way to a World War II deployment when he was commissioned into West Point based on a competency test. After a short time at Cornell, Yellman began attending West Point in the fall. He graduated as a Second Lieutenant in the Class of 1949.

According to Vasquez, Yellman loved his time at West Point. After graduation, he attained a Master's Degree in Engineering from the University of Massachusetts. Yellman was an active member of Phi Delta Theta while in college. At West Point, he participated in boxing and a variety of sports. His love of sports carried throughout the rest of his life.

Yellman achieved the rank of colonel while in the army and had served many tours overseas until he retired from the army in 1979. Yellman served in Germany, Korea, France and Vietnam. He was highly decorated and received many awards including the Decorated Legion of Merit and the Bronze Star. Over his years in the military, his assignments included commanding a battalion in Vietnam and serving on both the U.S. Army Staff and the staff of the Supreme Allied Commander of Europe.

Vasquez spoke of her time growing up with a father so invested in the military. She and her four siblings spent a few years of their early childhood living in Paris, where their dad was stationed at the time, and attended a French American School. When Vasquez was five, in 1967, the Yellman family moved to Alexandria and has lived in the same house ever since.

Vasquez remembered her father's running joke: "He would always say to us, 'I did two tours of the Pentagon for you kids!' He stayed here for us, so that we would be able to have the consistency of growing up with school and friends."



Edward K. Yellman.

Throughout the community, Yellman was known for his kindness and integrity. "In today's world people can be very critical and cynical," said Vasquez. "But he took people at face value and had a lot of trust in people, in our government, and believed in what the United States stands for and encouraged that in how he raised his children."

One of Yellman's sons, Jimmy Yellman, agrees that father's military background greatly impacted the way he and his siblings were raised. "He's done a great job," he said, "I see it when I look at my siblings and how successful they are."

Vasquez said her father would always teach her and her siblings the "Five P's" which stood for Prior Planning Prevents Poor Performance. She remembered that when he helped them with their homework, he never gave them the answer but instead encouraged hard work and careful thinking. One of Vasquez's favorite memories of her father is when her and her siblings would do homework at the kitchen table while Yellman would read in the living room.

One of Jimmy Yellman's favorite memories of his father is more recent. He recalls having recently taken his father to a doctor's appointment, "He was feeling better, and he wanted to get his haircut." He spoke of the pleasure of seeing his father so elated by such a simple thing. "He was thrilled by it. He hadn't had one in a couple months so he was really happy about that."

Both siblings remember their father's devotion to old Fort Hunt High School, its sports teams, and

SEE YELLMAN, PAGE 18

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OBITUARY

Memorial Service for Mary Jane Tucker

Mary Jane Tucker of Alexandria died with her family by her side on Saturday, May 23, 2015. She was 81 years old.

Mary Jane was born on April 8, 1934 in Greenville, N.C., to the late Ottis Onward and Minnie Mae (Smith) Ange. She married her high school sweetheart, and both graduated from East Carolina University in 1954. She became a high school teacher in Columbia, N.C., and her husband ultimately became an officer in the U.S. Air Force. Together and with their children, they lived throughout the United States and abroad. After their children were in college, Mary Jane dedicated herself to teaching students at Hollin Meadows Elementary School in the Fairfax County Public Schools, where she retired after 27 years. After retiring, she devoted herself to her family and local gardens and libraries.

She is survived by her beloved husband William Lester Tucker; loving sons and daughter, William, Robert and Lee Ann; daughter-in-law Sylvia; and adoring granddaughters, Adrienne, Kiera and Celia.



Mary Jane Tucker

A Memorial Service — entombment and committal services — will take place on Friday, Jan. 29 from 1-2 p.m. at Fort Myer's Old Post Chapel next to Arlington National Cemetery, Arlington.

Following the Memorial Service and entombment, a reception will be held at 2 p.m. at the Women in Military Service for America Memorial, located at the Ceremonial Entrance to Arlington National Cemetery.

In lieu of flowers, her family wishes gifts in Mary Jane's honor be made to: Columbia University Hospital - Division of Hematology/Oncology, New York, NY / Dr. Suzanne Letzsch's Research Fund for Amyloidosis online or by check via

<https://giving.columbia.edu/giveonline/?schoolstyle=99991&alloc=22281> / check payable to Trustees of Columbia University with notation for Dr. Letzsch Research Fund; or to the Lewisboro Library, South Salem, NY, via www.lewisborolib.org or at 15 Main Street, PO Box 477, South Salem, NY 10590.

For further information on the Arlington National Cemetery, visit: <http://www.arlingtoncemetery.mil/#/>

VOLUNTEER OPPORTUNITIES

Email announcements to gazette@connectionnewspapers.com. The **Advisory Board of the Joe and Fredona Gartlan Center** for mental health is looking for volunteers. The board meets the

second Tuesday of the month from 9-11 a.m. at Gartlan Center 8119 Holland Road.

United Community Ministries seeks volunteers to act as food pantry assistants, basic needs counselors,

youth tutors and mentors, office admin/data entry, community outreach, ESL teachers and co-teachers, and teacher aides. Visit www.ucmagency.org/volunteer-at-ucm.html.



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- 2/3/2016.....Valentine's Dining & Gifts I
- 2/3/2016.....Wellbeing – National Children's Dental Health Month
- 2/10/2016.....HomeLifeStyle
- 2/10/2016.....Valentine's Dining & Gifts II
- 2/17/2016.....A+ Camps & Schools
- 2/24/2016.....Pet Connection

MARCH

- 3/2/2016.....Wellbeing
- 3/9/2016.....HomeLifeStyle Real Estate Pullout
- 3/16/2016.....A+ Camps & Schools
- 3/23/2016....Spring Fun, Food, Arts & Entertainment
- FCPS Spring Break 3/21-3/25

APRIL

- 4/6/2016.....Wellbeing – Senior Living Pullout
- Easter Sunday is March 27
- 4/13/2016.....Real Estate Pullout – New Homes

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Money, Lax Laws Draw Sex Traffickers

400 sex trafficking victims found in two years.

BY ISABEL KNIGHT
THE GAZETTE

Ever since the Human Trafficking Task Force began collecting data in October 2013, there have been 400 victims of sex trafficking found in 244 cases with over 130 suspected perpetrators in Northern Virginia.

Last year, before the state of Virginia passed its first sex trafficking laws, SB 1188 and HB 1964, it was the last state in the United States without any sex trafficking legislation.

According to Taryn Offenbacher, the communications director for Shared Hope International, a nonprofit nongovernmental organization dedicated to ending sex trafficking, this lack of legislation may have attracted more sex traffickers to Virginia.

"Traffickers are going to go the path of least resistance. They know the laws are in their favor, and there is minimal risk in Virginia to commit these crimes."

Money is also a strong draw.

"Sex trafficking is an economic crime ... there has to be demand. Traffickers go where the money is," said Detective Bill Woolf, former head of the Human Trafficking Unit of Fairfax County Police Department.

Kay Duffield, the executive director of the Northern Virginia Human Trafficking Task Force, reports that from October 2013 to October 2015, the task force has identified 400 victims of sex trafficking. Fifteen percent of these cases have been gang related and 55 percent of the victims are white females.

These numbers are underestimates of true rates, because there is currently no real mechanism for collecting data. Woolf estimates that true rates are likely closer to the 10,000 victims reported in San Diego, which has similar demographics to Fairfax County. The Task Force covers Alexandria, Arlington, Fairfax, Stafford, Loudoun County and Prince William County.

This problem exists across the United States. In 2015, the U.S. Immigration and Customs Enforcement's (ICE) Homeland Security Investigations arrested 1,437 individuals for human trafficking across the country.

According to Woolf, the biggest hurdle law enforcement faces in catching sex traffickers is lack of resources.

The Human Trafficking Unit was established in 2013, when the Fairfax County Police Department received a two-year grant from the U.S. Department of Justice which expired. Woolf investigated 244 trafficking cases.

Often, sex trafficking can only be addressed if they overlap with a related unit that gets more funding, such as the Gang

Unit. Even the FBI addresses sex trafficking in the Crimes Against Children Unit, which addresses a broad spectrum of crimes, Woolf said.

His work requires balancing the desire for a quick case to protect as many victims as possible, while still collecting enough evidence to support a viable prosecution.

Woolf pointed out the disadvantage of not having officers trained in human trafficking specifically means officers will often prosecute the victims themselves for prostitution instead of the pimps. He also often has to use nontraditional methods to divert potential victims from harm without letting the traffickers know they are being investigated.

The cases that end in arrests and prosecutions may not be representative of the majority of sex trafficking cases, but instead reflect cases that require fewer resources to investigate.

For example, he said, gang-related trafficking is often prosecuted much more routinely than sex traffickers operating out of commercial establishments like massage parlours because those cases are difficult to investigate and require extensive resources.

Before 2012, this problem had gone largely unnoticed for a number of reasons. A number of victims see this as their only source of livelihood. Many victims are undocumented immigrants. The National Center for Missing and Exploited Children finds that 68 percent of sex trafficking victims have been a part of the foster care system at one time, though Woolf said that percentage is probably lower for Northern Virginia.

Many victims of sex trafficking don't see themselves as victims, but rather the main perpetrators of the crime, which is why only a very small percentage of them ever report trafficking to the police. That is why Fairfax County schools have been starting education initiatives to spread awareness of this crime from a young age.

"Despite the fact that Fairfax County is statistically the safest jurisdiction of our size, predators still exist here. It's the job of everyone to be aware. Speaking as a mother and a grandmother, we need to make sure our young people are educated about predators and have their eyes open," said Sharon Bulova, chairman of the Fairfax County Board of Supervisors.

Fairfax County Public Schools began implementing a formal curriculum on sex trafficking in its family life programming in spring of 2014 in response to several sex trafficking cases in spring of 2012.

This program currently begins in 6th grade and runs through 10th grade, with another year of programming for 12th graders, and the school is currently working on curriculum for 11th graders to begin next year because the school considers the issue grave enough to warrant continuous education on the matter.

After two years, these programs appear successful. Liz Payne, the coordinator for Health, Family Life Education, and Physi-



U.S. Rep. Barbara Comstock (R-10), Dr. Ludy Green, Deepa Patel, Beth Saunders, and Det. Bill Woolf spoke to Comstock's Young Women Leadership Program at Great Falls Library on July 20, 2015 about human trafficking.

Meeting Focuses on Sex Trafficking

A free public event is offering information about human trafficking taking place around Northern Virginia. A rapidly growing crime on the national level, Fairfax County is no exception.

The Alexandria Commission for Women, The Arlington County Commission on the Status of Women, The City of Fairfax Commission for Women and the Fairfax County Commission for Women are co-sponsoring the event on Jan. 31. Organizers are looking to both increase awareness of trafficking and offer information and support for victims.

Elizabeth Scaife, director of training at Shared Hope International, is the keynote speaker for the awareness event. She's the group's main trainer on domestic minor sex trafficking.

In addition to the speaker, the event will also include workshops on the role

of law enforcement, engaging with students on the issue, activating the business community and international trafficking.

Workshop leaders include Detective Bill Woolf, a special trafficking investigator with the Fairfax County Police Department, and Dr. Liz Payne, coordinator for Health, Family Life Education and Physical Education with Fairfax County Public Schools.

"Human Trafficking: Get the Facts and Take Action!" is scheduled to take place Jan. 31 from 1-4 p.m. at the Stacy C. Sherwood Community Center, 3740 Old Lee Highway in Fairfax.

Those attending the free event can bring used cell phones to recycle through the Verizon HopeLine program. The Artemis House domestic violence shelter will receive all proceeds.

— TIM PETERSON

cal Education of Fairfax County Public Schools, said, "Reporting has gone up since this program has been implemented, so I think we are making strides."

For those interested in more information about human trafficking in Northern Virginia, the Commissions for Women of Alex-

andria, Arlington, and Fairfax County will be holding an informational event about the issue on Jan. 31 at the Stacy C. Sherwood Community Center from 1 to 4 p.m. For more information, contact cfw@fairfaxva.gov. Registration is required prior to the event.

PHOTO CONTRIBUTED



The Flattery family (from left) of wife Priscilla, Kevin, Don and daughter Kara attends Kevin's graduation from the University of Virginia on May 23, 2010.

PHOTOS COURTESY OF DON FLATTERY

Painkiller Overprescribing

FROM PAGE 1

"There's been a coincidental increase in addiction and overdose deaths," Don Flattery said. "There's no question there's an immutable nexus between overprescription and the overdoses and mortality."

In the most recent year for data, there were 25,000 opioid overdose deaths in the United States. About two-thirds were from prescription narcotics, one-third were from heroin. The two are molecular cousins, both derived from the poppy plant.

In Don Flattery's work as an advocate, he uses his son to personalize what can otherwise be a "really clinical issue."

"However painful, I keep telling my son's story," Don Flattery said. "It's not unlike the way the public grasped the seriousness of the HIV Aids epidemic. Only when there was the AIDS quilt, they took it city to city, that showed faces of individuals, did it really strike the public, strike a chord. These are tragic lives lost forever. It's kind of what needs to happen with this issue."

Don Flattery also gained the attention of U.S. Sen. Tim Kaine (D), who invited him to be his guest at the Jan. 12 State of the Union address.

"He's been so courageous in talking about his son's death," Kaine said, "spending time talking on The Hill in congressional offices."

Kaine has also taken up the issue of opioid overprescription, introducing or sponsoring the Co-Prescribing Saves Lives Act, the FDA Accountability Act and the Stopping Medi-



Kevin Flattery was an aspiring filmmaker who struggled with anxiety, stress and depression, and died at 26 from an opioid overdose in 2014.

cation Abuse and Protecting Seniors Act.

"Having Don was just a way to highlight the issue, but also honor Don," Kaine said. "That his painful experience could be a source of hope and education for others."

President Barack Obama briefly remarked on the overprescription-addiction epidemic near the beginning of his final State of the Union.

"The advocacy world was alight," Don Flattery said. He's hoping to use Obama's mention of the public health crisis as "a launching point for public awareness."

For more information available from Fairfax County on opiate and heroin, for emergencies and resources, visit www.fairfaxcounty.gov/csb/heroin-opiates.

state Sen. Adam Ebbin (D-30), Del. Mark Sickles (D-43), and Del. Paul Krizek (D-44), will be hosting town halls and will review their legislative agendas for the 2016 session, the status of current legislation, and answer questions from attendees.

- ❖ 9-11 a.m. — **Mount Vernon District Town Hall**, Walt Whitman Middle School, 2500 Parkers Lane.
- ❖ 4-6 p.m. — **Lee District Town Hall**, Groveton Elementary School, 6900 Harrison Lane

THURSDAY/FEB. 4
Nomination Deadline. Volunteer Fairfax

SEE BULLETIN BOARD, PAGE 16

BULLETIN BOARD

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Deadline is Thursday at noon, at least two weeks before event.

THURSDAY/JAN. 21

USCG Auxiliary, Flotilla 25-8 to meet at 6 p.m. with training, followed by its monthly staff meeting at 7 p.m. Meetings are held at the Mt. Vernon Yacht Club on 4817 Tarpon Lane. For more information, visit <http://www.uscgaux.info/?unit=054-25-08>.

SATURDAY/JAN. 23

2016 Town Halls. Elected representatives, including state Sen. Scott Surovell (D-36),

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PURE HEAVEN – MAKE THIS YOURS. Come for the views, stay for the resort lifestyle. Mason Neck Lux custom Home w/7,600 sf direct waterfront, Panoramic views, brand new dock.
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Susan Gray Chambers
MLS # FX8632686

Old Town Commons
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\$974,500
Karen Leonard
MLS # AX8737029



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Bonnie Rivkin
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Harbor View
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MLS # FX8748474



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Karen Leonard
MLS # FX8762034

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\$475,000
James Haskins
MLS # PG8758534



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OPINION

Pay Attention General Assembly action matters more in Virginia.

The Virginia General Assembly began its 60-day 2016 session on Wednesday, Jan. 13. Here in Northern Virginia, residents are often far more cognizant of national politics and government than state and local government. But there are several reasons why, especially in Virginia, especially if you live in Northern Virginia, you should pay attention.

In Virginia, localities have only the power expressly given by the General Assembly. So living in Fairfax or Arlington or Alexandria, your local governments and regulations are often not able to reflect the values and preferences of residents.

For example, for Fairfax County to have any say about whether a gun store can operate adjacent to a school, where students can see customers coming and going with weapons, the General Assembly would have to vote to give the county that authority. While this has been a hot topic here, and several legislators have introduced "authorizing legislation," it would be remarkable if the currently constituted assembly would allow this to go forward.

Living in the wealthiest areas of the Commonwealth also raises concerns. Localities have very limited options for raising revenue. The revenue that is actually based on someone's ability to pay, income taxes, is only collected by the state; localities cannot claim any portion of income tax. Of course Northern Virginia is the economic engine of the state, and so it makes sense that a significant portion of the

state budget would be funded with Northern Virginia dollars. But it is unfair that the General Assembly limits localities ability to access other revenue choices to fund local necessities like schools.

There are dozens of other examples, and most are complicated. But local officials are elected, and if local government takes action not supported by local voters, they will be voted out.

EDITORIAL

Because of gerrymandering of districts in both the House of Delegates and the Virginia Senate, the makeup of the General Assembly is far more conservative than the Commonwealth overall, as evidenced by Democrats elected to all state-wide offices. This makes the control from Richmond all the more egregious.

Every resident is represented by one delegate and one senator in the Virginia General Assembly. You can visit the General Assembly website to find out who represents you, for contact information, for session livestreaming and more.

<http://viriniagenralassembly.gov>

Vote Now for Presidential Primary

Who will be the next President of the United States also matters.

In order to vote in either of Virginia's presidential primaries on March 1, voters must be

For More Election Information:

State Board of Elections, 804-864-8901 Toll Free: 800-552-9745 FAX: 804-371-0194 email: info@sbe.virginia.gov <http://www.sbe.virginia.gov>

Fairfax County Board of Elections, 703-222-0776, <http://www.fairfaxcounty.gov/elections/upcoming.htm>

12000 Government Center Parkway, Fairfax, Suite 232, Fairfax, 22035; FAX 703-324-2205; email voting@fairfaxcounty.gov

For details on absentee voting in Fairfax County, see www.fairfaxcounty.gov/elections/absentee.htm.

registered by Feb. 8. Voting "absentee in person" (early voting available for myriad reasons, including anyone who will commute to work on Election Day) is already underway.

In Virginia, voters do not register by party. In the primaries for President, you can vote either the Democrat or Republican ballot, but not both. If you choose to vote the Republican ballot, you will be required to sign the following statement first:

Section 24.2-545 of the Code of Virginia allows the political party holding a primary to determine requirements for voting in the primary. The Republican Party of Virginia has determined that the following statement shall be a requirement of your participation. STATEMENT: My signature below indicates that I am a Republican.

Seeking 'Solar Co-ops' for Residents

PAUL KRIZEK
DELEGATE (D-44)

One of the areas of my legislation this year includes continuing state Sen. Scott Surovell's efforts to enact solar net metering policies in the Commonwealth. Currently there are several problems with solar panel construction in residential areas, which affect much of the heavily-wooded Mount Vernon community.

Solar panels are expensive; they have a high initial investment and save money over a long period of time. They also do not work in neighborhoods with dense tree canopies, like Hollin Hills and Stratford Landing.

The process of installing and setting up solar paneling is also complicated. To address these barriers to entry, some states allow "Solar Co-Ops," which are groups that buy solar panels and pay for installation en masse, in order to help reduce costs and simplify installation.

My legislation, House Bill 618 encourages the construction of residential scale solar panels at a community level. It gives consumers the option between conventional fossil fuel energy, and renewable energy at no increased cost to them.

This legislation simplifies the process for small groups of people (10 or more) to invest

in solar energy by creating a "solar energy plan." They could either contract out the purchase and installation of solar panels, or do it themselves. After the panels are installed, their power company would offer them something called a "Net Metering Credit."

This credit is a calculation of the amount of electricity the solar garden supplies, multiplied by the residential rate for electricity, minus a reasonable charge for the cost of setting up the net metering program, transmitting electricity from the solar garden to peoples homes, and integrating the systems electrical output into the electrical grid. Typically for a monthly fee, or initial investment people buy into the Solar Garden, and then have those Net Metering Credit's applied towards their future bills.

The implementation of this bill could take many forms. Community solar gardens are most efficient at an apartment level. The transmission of electricity is highly expensive, and apartment complexes have the cheapest trans-

COMMENTARY

LETTERS TO THE EDITOR

Efforts Still Infringe on Rights

To the Editor:

John Bergen's response ["Let's Agree on Common Sense," The Gazette, Jan. 14] to my

mission costs. This plan is still very viable on other levels, depending on how easy it is to connect the Community Solar Garden to the electrical grid. Not only are Community Solar Gardens a good way of decreasing your carbon impact, over the long run they can save money. Through buying into and installing Solar Co-Ops, you can greatly reduce the overall initial cost and greatly reduce your utility costs. Over the course of your solar panels lifetime, it pays for itself.

Solar Community Gardens currently exist in California, Colorado, Florida, Massachusetts, and Utah. It's been successful in all five states, especially in California. Consumers in California pay \$10.75 a month to opt into Solar Power Production. Then they get a tax credit which typically ranges from \$4-\$50 a month. The current solar opt in is sold out there, with plans to expand. It is my hope this bill would bring that sort of expansion in renewable energy, and cost savings for consumers that other states are seeing.

letter to the Mount Vernon Gazette about protecting the Second Amendment U.S Constitutional rights of law-abiding gun owners is typical of liberals who use whatever means, supportable or not, to support their positions.

SEE LETTERS, PAGE 10

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OPINION

Surovell's 2016 Legislative Agenda: Part II

Last week, the 2016 General Assembly gaveled into action.

BY SCOTT SUROVELL
STATE SENATOR (D-36)

The Rules Committee assigned me to three committees. (1) The Local Government Committee considers legislation addressing land use, zoning and local government. (2) The Rehabilitation and Social Services Committee has jurisdiction over the safety net programs, prisons, alcoholic beverage regulation and childcare. (3) The General Laws and Technology Committee examines bills affecting homeowners associations, gambling, professional occupation regulation, procurement and the Freedom of Information Act. Each of these has jurisdiction over issues critical to the quality of life in our area.

Blue Line Extension and Multimodal Transportation

Interstate 95 is one of the most congested commuter corridors in the United States. In light of the congestion and the need for more high-quality development and employment, the Prince William County Board of Supervisors endorsed the concept of studying the extension of Metro's Blue Line

from Springfield through Lorton, Woodbridge and Potomac Mills to Quantico. I have introduced legislation to direct the Department of Rail and Public Transit to conduct a multimodal study for this and U.S. 1 south of the Occoquan so we can plan for the next 25 years.

As our highways become more clogged and as bike lanes and pedestrian facilities are incorporated into our infrastructure, it is important to encourage drivers to respect other users. Many states have enacted "vulnerable rider" laws to create heightened penalties for drivers who seriously injure pedestrians, cyclists, wheelchair users and others while distracted. I have introduced a bill to create a Class 1 misdemeanor for injuring a vulnerable user while distracted.

Homeowners' Rights

Over the last two years, I have helped to push back on the growing power of homeowners' and condominium owners' associations (HOA's). Some Northern Virginia localities improperly require property owners to show HOA approval before they issue a building permits. I have introduced legislation to make clear this is prohibited.

Helping Our Hispanic Community

In August, 2014, I hosted a Hispanic Town Hall in Hybla Valley. The number one issue raised was difficulty in obtaining a driver's license or government identification. Therefore, I have introduced legislation to allow people to obtain a temporary license if they can establish that they have been living in Virginia for one year and have either filed a Virginia tax return or been claimed as a dependent on another Virginian's tax return. Fifteen other states, including Maryland and the District of Columbia, have passed similar legislation.

At the request of Prince William County Public Schools, I have introduced a bill to require Virginia schools to use a recognized English language proficiency assessment exam for children with limited English proficiency, as an alternative to the 11th grade Standards of Learning English reading exam. This is a fairer way to measure student achievement and will ensure that test scores in high schools with large ESOL populations are not affected by recently-arrived students.

Firearm Violence Prevention

During my discussions with the State Police about concealed weapon permit (CWP) proposals, we became aware that CWP's are

automatically revoked for felony convictions, protective orders and other criminal offenses. However, for people who have received inpatient mental health and/or inpatient drug treatment after their CWP was issued, permits are not automatically revoked. I have introduced a bill to require automatic revocation.

Second, I have put in a bill to prohibit mentally ill people who are prohibited from possessing a firearm from also possessing ammunition. Today, mentally ill people can have as many bullets as they want — just no guns.

Third, I have re-introduced my 2014 legislation prohibiting individuals on the Terrorist Watch List from obtaining a CWP or purchasing a firearm. In 2014, the House of Delegates leadership would not give the bill a hearing.

Town Hall and Constituent Survey

My first two town hall meetings on Saturday, Jan. 23. My Mt. Vernon Town Hall is at 9 a.m. at Walt Whitman Intermediate School and Lee District Town Hall is at 4 p.m. at Groveton Elementary School.

Please make sure you complete my constituent survey at www.scottsurovell.org/survey and please share your views at scott@scottsurovell.org. It is an honor to serve as your state senator.

Boys & Girls Clubs of Greater Washington, Fairfax County Region

3rd Annual Casino Night

Saturday, March 12, 2016
7:00 - 11:00 pm
The Ritz-Carlton, Tysons Corner*

Tickets

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\$180 per couple

Enjoy:

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For tickets and sponsorship information

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The General Assembly Convenes

BY ADAM P. EBBIN
STATE SENATOR (D-30)

As the 2016 General Assembly legislative session began on Jan. 13, it was my honor to take the oath of office for the sixth time to serve the people of Alexandria, Arlington, Mount Vernon and Lee in the state legislature. I formally introduced my friend and colleague, Scott Surovell (D-Mount Vernon), to the Senate, and I look forward to working with him, Sen. Jeremy McPike (D-Prince William) and the five other new senators to get things done on your behalf.

COMMENTARY

That evening Gov. Terry McAuliffe delivered his State of the Commonwealth address, where he emphasized the need for bipartisanship and achieving results rather than gridlock and dysfunction. However, he also made clear that he would veto any legislation that makes Virginia a less welcoming or less safe state, and I applaud his steadfastness in ensuring we do not move backward on important issues like gun safety and equality.

I have introduced over two dozen bills to move Virginia forward on a wide array of issues, from making HOT lanes more consumer-friendly and reforming our marijuana laws to preventing gun violence and assisting immigrants on the path to citizen-

ship. I have also reintroduced bills from last session to codify nondiscrimination protections for state employees and allow future governors to serve two consecutive terms, as Virginia is the only state in the nation that limits its executive to a single consecutive term in office. In addition to continuing to serve on the General Laws and Technology Committee and the Agriculture, Conservation and Natural Resources Committee, I am excited that I have also been assigned to the Privileges and Elections Committee, where I will work to safeguard Virginians' voting rights. Disappointingly, Senate Republicans swiftly moved to adopt new

rules barring reporters from the chamber floor and relegating them to the balcony. The change was adopted under the guise of allowing more room for senators to move around, but this effectively limits the media's access to the legislature and makes us less transparent.

I will be holding several town hall meetings over the next few weeks and I hope you will join me at one. In case of severe weather, check www.AdamEbbin.com or call my office at 571-384-8957 for updates.

❖ Mt. Vernon: Saturday, Jan. 23, 9-11 a.m.

Whitman Middle School – 2500 Parkers Lane, Alexandria, 22306

with Sen. Scott Surovell and Del. Paul

State Sen. Adam Ebbin (center) takes the oath of office in Richmond next to Sen. David Marsden (right) and Sen. Kenny Alexander.



Krizek

❖ Lee District: Saturday, Jan. 23, 4-6 p.m.
Groveton Elementary School – 6900 Harrison Lane, Alexandria, 22306

with Sen. Scott Surovell, Del. Mark Sickles and Del. Paul Krizek

❖ Arlington: Saturday, Feb. 6, 10-11:30 a.m.

Walter Reed Community Center – 2909 16th Street South, Arlington, 22204

with Del. Alfonso Lopez

❖ Alexandria: Saturday, Feb. 6, 2-3:30 p.m.

Mt. Vernon Community School – 2601 Commonwealth Avenue, Alexandria, 22301 with Del. Mark Levine

Please share your thoughts on legislation and other state-related matters with me by emailing district30@senate.virginia.gov. Follow me on Twitter @AdamEbbin and Facebook at www.facebook.com/EbbinCampaign. You can sign up for my weekly email updates at www.AdamEbbin.com.

It is my continued honor to represent the citizens of the 30th Senate District.

LETTERS TO THE EDITOR

FROM PAGE 8

Mr. Bergen attempts to divert attention to the real issue of gun violence throughout the U.S. by stating that there is a difference between gun control and common sense gun legislation. That's a distinction without a distinction. Gun laws restrict and control. Example: When ammunition amounts are limited that gun owners can buy, that's a restriction and control by those who are responsible for enforcement of the laws.

Mr. Gergen states: "But clearly, common sense gun legislation could stop future tragedies." Here again talk but no factual support. A lot of things could happen but is it realistic to expect that they will?

Mr. Bergen mentions Northern Virginia's top three priorities for the current Virginia General Assembly session and asks whether those three would infringe on my rights. One priority is to restrict gun owners from buying more than one gun a month. That infringes on my right by restricting the purchase of guns, and severely restricts the rights of gun collectors. Further, Mr. Bergen doesn't explain how limiting gun purchases to one a month saves lives. If a law doesn't save lives, why pass laws that infringe on the Second Amendment rights of law abiding gun owners? Also, my last letter to the editor deals with what is going on throughout the U.S. and the effects on law abiding gun owners Second Amendment rights and not restricted to my rights alone. Here again Mr. Bergen resorts to diversionary tactics instead of dealing with skyrocketing gun violence.

Mr. Bergen should concentrate on the causes of gun violence and work to fix them. Criminals always find ways to get guns regardless of laws. That's why they are called criminals.

It is naive to believe their common sense gun laws will deter criminals and terrorists bent on killing innocent people. Why punish millions of law abiding gun owners for the acts of criminals and terrorists. Enforcement of laws as Rudy Giuliani did in New York does the job while leaving innocent gun owners alone. Also, quit releasing illegal criminal alien felons in sanctuary cities and terrorists from Gitmo who commit gun violence and are bent on killing Americans. Further, foreign terrorists radicalize persons in the U.S. to kill innocent people as occurred in San Bernadino.

Moreover, certain common sense gun control advocates should stop demonizing police who put their lives on the line daily to protect the innocent from gun violence.

History demonstrates by the skyrocketing gun crimes throughout the U.S. cities that gun laws alone — whether "common sense" or not — infringe on the Second Amendment rights of law abiding gun owners and don't stop gun violence.

Frank Medico
Mount Vernon

Gun Laws Not Being Enforced

To the Editor:

John K. Bergen ["Let's Agree on Common Sense," The Gazette, Jan. 14] is an ineffective advocate for the gun control organization he represents. Why? Because he believes that the way to win a debate is to (1) disparage his opponent and (2) change the name of the issue as if that changes the issue.

In the first sentence of his letter in last week's Gazette, he condescendingly intimates that he needs to explain "a few things" to assist Frank Medico in understanding the debate concerning guns. Mr. Medico does not need a primer from anyone. Apparently, Mr. Bergen does not realize that Frank Medico has been a pillar of the Mount Vernon civic community for well over four decades including being one of the founders of the Mount Vernon Council of Civic Associations (MVCCA) and representing Mount Vernon in the Virginia House of Delegates for four terms. Insulting Frank Medico does nothing to further an argument.

In his letter to the Gazette of Jan. 7, Mr. Medico used the term "common sense gun control." This offended Mr. Bergen who sought to correct Mr. Medico, stating in his letter that the "correct term is 'common sense gun legislation.'" Changing the name doesn't change the issue.

What Mr. Bergen fails to recognize, or actually knows but doesn't want to admit, is that criminals who want to obtain guns don't care what laws are passed to control and limit gun sales. Such laws only limit the ability of law-abiding citizens to obtain guns.

The University of Chicago Crime Lab conducted a study, reported in October 2015, questioning inmates in the Cook County Jail in Chicago to determine where those inmates obtained guns. They found that criminals do not purchase guns in gun stores or at gun shows. They purchase them from personal connections. Criminals prefer to obtain guns in undetectable ways on the street. The Crime Lab co-director Harold Pollack said that inmates know they run the risk of being detected by the police but "were less concerned about getting caught by the cops than being put in the position of not having a gun to defend themselves and then getting shot." The study also found that the vast majority of gun-toting criminals use handguns as opposed to so-called assault weapons and that they typically get rid of a gun after a year to avoid being caught with a gun that might link them to a crime they or someone else committed. The study report can be accessed at this link: <http://www.sciencedirect.com/science/article/pii/S0091743515001486>.

No rational person would oppose efforts to stop mentally challenged individuals or career criminals from obtaining firearms. At the same time, we already have plenty of laws on the books to protect the public from gun crime. Let's strictly enforce those laws before eroding our Second Amendment rights by adding additional layers of regulation on top of the layers already there which are not being enforced.

H. Jay Spiegel
Mount Vernon

Seniors Who Sing

BY MARILYN CAMPBELL
THE GAZETTE

When musician Jeanne Kelly was asked to be a part of a study on creativity in the aging, she readily accepted. She was a natural to be tapped for the job, since she was running a program for older adults at the Levine School of Music's Arlington campus. She was tasked with helping to measure the impact of professionally conducted cultural programs on older adults.

"The study found that artistic excellence has huge benefits, physically, mentally and socially. Out of that study, I decided to start Encore," said Kelly, referring to a group of singers, all seniors, who are part of one of the 18 Encore Chorales that make up Encore Creativity for Older Adults.

Encore is a nonprofit organization that offers arts education and performance opportunities for seniors. The chorales are currently accepting new members through the end of January.

CHORALE MEMBERS pay a fee which covers sheet music and the cost of the performances. In exchange, members receive music education and training from profes-

sional musicians, a chance to make social connections and an opportunity to perform challenging choral music. Participants learn proper breathing techniques and ways in which they can improve their voice, all under the guidance of a conductor.

"We don't dumb things down for our older adults," said Kelly. "Our members really appreciate the respect they get."

Adjustments are made, says Kelly, to accommodate the needs of some seniors. For example, rehearsals are held during the day out of consideration for those who don't drive at night, and members with mobility issues are not required to stand during rehearsals or performances.

Encore focuses on offering a classical music repertoire. Choral works such as Giuseppe Verdi's "Messa da Requiem" are chosen to pair well with seniors' voices.

"Our voices do change as we age," said Kelly. "Soprano voices aren't as high as we age, for example, so we choose wonderful music that really shows them off and will challenge them to the max."

"What they're doing is beautiful because they're not only making healthy social connections, they're also challenging their brains which helps maintain their cognitive flexibility," said Carolyn Lorente, Ph.D, assistant professor of psychology at Northern

Improving and preserving the quality of life through music education.

Virginia Community College in Alexandria. "To be able to memorize a piece of music is impressive."

Encore Chorales travel and perform at venues around the globe. Janet Hansen, the chorale master for the Langston Brown Encore Chorale in Arlington, traveled to Cuba last year. "It was a marvelous experience that I wouldn't have had if I hadn't been in Encore," said Hansen, who is a retired education policy researcher. "I wanted to try new things that were different than I did when I was working. This one has been very rewarding." Chorale masters are singers who assist the conductor with administrative duties, serve as contact for singers with questions, etc.

The chorales are open to everyone over the age of 55, regardless of musical experience or ability. Members range from beginners to accomplished musicians.

Joan and Ted Thayer are members of the George Mason University Potomac Arts Academy Encore Chorale in Fairfax. Ted Thayer has been a musician for most of his adult life, majoring in music at the University of Illinois and spending more than 30 years in the National Symphony Orchestra. Joan Thayer, however, had no musical experience. Both participate in their chorale. Joan Thayer says she has enjoyed learn-

Encore Chorales

Singers accepted through the end of January. Visit encorecreativity.org, call 301-261-5747 or email info@encorecreativity.org. Fee is \$150 for 15 weekly rehearsals, sheet music and performances. Weekly rehearsals are underway at:

❖ **Alexandria Encore Chorale** – Rehearsals on Mondays, 10:30 a.m. at Convergence, located at 1801 N. Quaker Lane, Alexandria.

❖ **Langston Brown Encore Chorale** – Rehearsals on Tuesdays, 1:45 p.m. at Langston Brown Senior Center, 2121 Culpeper St., Arlington.

ing and sharing one of her husband's passions. "Singing is challenging for me, but I always come away happy and relaxed after an hour and a half rehearsal," she said. "It's a great group of people, and it's nice to be able to talk with someone about something that happened in the 1940s or about things that seniors are going through now, and actually be understood."

ENCORE has more than 1,200 members in 17 Chorale locations in the Washington, D.C. area and six Chorales in other cities. Opportunities for performance and travel for 2016 include a French Riviera cruise and intensive summer training at college campuses around the country. The season concludes with combined performances with other Chorales as well as local concerts at most Chorale locations.

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"What a fabulous morning – I was a Montessori kid! Just as my son enjoys his mornings at Aquinas, I was able to have lessons and see through his eyes."



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ENTERTAINMENT

Meet the Chef: Duncan Of Virtue Feed & Grain

Energy, camaraderie, chaos personify this kitchen.

BY SHIRLEY RUHE
THE GAZETTE

“Corner,” Corporate Executive Chef Graham Duncan calls as he heads down the stairs and makes the sharp turn to the kitchen at Virtue Feed & Grain on Union Street. It is a bustling Friday lunchtime, and he squeezes by the line cook grilling Virtue and lamb burgers. A batch of fresh beets has been roasted over a bed of salt to pull out the moisture and concentrate the sweetness. The beets will be large diced and mixed with carrots for the new seasonal vegan special “beet bourguignon.” Duncan says, “We have a health conscious clientele.” The skillet is hot, and Duncan adds diced Portobello mushrooms and yellow onions to the mixture of beets. “Pour on some vegetable stock and hold it together with arrowroot. You know some people want gluten-free so we use arrowroot instead of flour or cornstarch.”

In the adjoining skillet Duncan splashes olive oil to heat up the glistening beads of farro. He explains farro is an Italian wheat berry with a nutty flavor and will substitute for the meat in the traditional beef bourguignon recipe. He sprinkles fresh thyme on the farro and calls for a couple of spoons. Duncan says, “I always taste along the way to correct the seasonings if necessary.” It is a 3-4 hour procedure. Duncan adds this dish is one of the customer’s favorites along with the shrimp po’boy, the biggest seller at lunch.

His own personal favorite? “Ummmm, that would have to be the duck confit with fresh egg paparadelle and mustard green pesto with shaved servecchio parmesan. It takes lots of ducks.” The first step is to cure the duck legs in a dry rub for three days and then rinse. The legs are covered in a tank of melted duck fat and then cooked until tender at 180-220 degrees. The legs are allowed to cool inside the fat. “The fat solidifies around them and creates an oxygen-free environment for three weeks to develop flavor. Then I sauté the chunks of duck in the mustard green pesto and toss with the cooked paparadelle.”

Duncan’s cooking career all started in

West Palm Beach, Fla. when he was 13-years-old sweeping up and mopping bathrooms in a restaurant. He said, “I quickly moved up to dishwasher and then prepping because of my initiative. I loved it so much that my buddy (who got me the job) and I talked all the time about becoming chefs. Well, he became a fork lift mechanic, and he makes a lot of money but I think he is still a little jealous.” Duncan has taught culinary school, and he tells the students on the first day that the difference between an amateur chef and a professional chef is that an amateur can make a good meal and serve it to their friends but a professional chef must know how to make the same meal 500 times exactly the same way.

Duncan spent 19 years in Atlanta and came “up here” almost 8 years ago to open Founding Farmers in D.C. He has been at Virtue Grain & Feed for about 8 months where he explains his style is lighter, fresher preparation, not manipulation of the ingredients. “I only put 4-5 elements on a plate. That used to be unusual, but now it’s the norm.”

Duncan says somewhere along the way he developed a “memory sense” of what people will like and how many meals of each entree the customers will order. He says at Virtue Grain they serve about 300-350 for lunch and 500 for dinner. However, he does remember a new grilled octopus appetizer “that was so fantastic I knew it would go over great. Well,” he turns up his eyebrows, “if people aren’t used to it ...” Duncan says he is a voracious cookbook reader with about 500 in his own collection, favoring cookbooks before 1970.

Work for Duncan starts about 9:30 a.m. and he is usually out of the kitchen by 10 pm. He says, “We jokingly call this 12 hours a half day. But Rosa over there, the lead prep cook, comes in at 3 a.m. on Friday and Saturday.” Duncan says at this stage of his career he oversees five restaurants, which includes developing the new menus, managing the kitchen, recruitment and training. “I love to teach.” Duncan heads back to garnish the beet bourguignon with the traditional roasted onion garnish and finishes it off with a little bit of fresh mache. He sums it up, “I love this work — the energy, camaraderie and the chaos.”



Corporate Executive Chef Graham Duncan balances two adjacent skillets as he prepares the vegetables and the farro for his seasonal vegan special, beet bourguignon. He says that Virtue Feed & Grain has a health conscious clientele, and this is one of the favorite dishes.



Chef Graham Duncan tastes the roasted beets and carrots for proper seasoning. He will sauté them with diced Portobello mushrooms and yellow onions to create the beet bourguignon, a dish which takes four hours to complete.

PHOTOS BY SHIRLEY RUHE/THE GAZETTE



Farro that has been heated in olive oil is spread on the oval white dish and then topped with the beet-mushroom mixture to create the seasonal special at Virtue Feed & Grain. A sprinkling of fresh thyme adds the final splash of color.

After adding the roasted onion garnish, traditional for beef bourguignon, Chef Graham Duncan finishes his vegan spinoff dish with a little bit of fresh mache and leaves it on the order tray for delivery to the lunch customer.



CALENDAR

Email announcements to gazette@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

“Printed Matter.” Through Jan. 17, at The Target Gallery, 105 N. Union St. Printed Matter features a mix of

works (printed media, such as xerography, book arts, and graphic design) created using traditional techniques as well as newer or reimagined ones. Free. Visit www.torpedofactory.org for more.

“Medieval Story Land.” Through Jan. 30, 8 p.m. on Fridays and Saturdays, 2 p.m. on Saturdays at Port City Playhouse, 1819 N. Quaker Lane. Red Knight Productions presents “Medieval Story Land,” a parody of the medieval fantasy genre.

Tickets are \$18 and \$20. Visit www.portcityplayhouse.com for more.

“True Colors: Like a Rainbow.” Through Jan. 31, Gallery hours at The Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Del Ray Artisans’ artists use colors of the rainbow for inspiration. Free. Visit www.TheDelRayArtisans.org/True.
VCA Alexandria Animal Hospital Art Show. Through Jan. 31 at VCA Alexandria Animal Hospital, 2660

Duke St. The artwork is on display in waiting areas and examination rooms as a part of Del Ray Artisans’ Gallery Without Walls program. Free. Visit www.TheDelRayArtisans.org.

“Celebrating What We’re Made Of.” Through Jan. 31 at The Associates Gallery, 105 N. Union St. This show features mixed media artist and TAG member Karen Fitzgerald, who creates art from recycled materials. Using everything from junk mail to food packaging,

Fitzgerald’s art celebrates the small things that make up our everyday lives. Free. Visit www.torpedofactory.org for more.

“Muted.” Through Jan. 31, gallery hours at the Art League Gallery, 105 N. Union St. “Muted” will showcase the artist’s ability to focus on using a limited palette, exploring subtle composition, pursuing soft representation or discussing thoughts that are not expressed strongly or openly. Free. Visit

ENTERTAINMENT

www.theartleague.org for more.

“Birds of a Feather.” Through Feb. 7, 10 a.m.-5 p.m. at Potomac Fiber Arts Gallery—Torpedo Factory Arts Center, 105 N. Union St. The artist focus on things that go together: ham and eggs, bride and groom, etc. Free. Visit www.potomacfiberartsgallery.com for more.

“Fred Zafran and Danny Conant.” Through Feb. 14, gallery hours at the Multiple Exposures Gallery, 105 N. Union St. Danny Conant presents compositions inspired by a recent trip to Paris. Fred Zafran’s new work is an allegory of being, time and memory. Free. Visit www.torpedofactory.org for more.

“Mountains: Recent Paintings by Sue Grace.” Gallery hours, through Feb. 22 at Goodwin House Bailey’s Crossroads, 3440 S. Jefferson St. Sue Grace’s paintings draw inspiration from the West Virginia Mountains and time she has spent there. These paintings represent her fascination with the representational, abstract, and figurative elements of painting. Free. Email Anthony Brock at abrock@goodwinhouse.org for more.

“No Holds Barred.” Through Feb. 27, 10 a.m.-5 p.m. on Fridays, 10 a.m.-4 p.m. on Saturdays at The Gallery @ Convergence, 1801 N. Quaker Lane. This exhibit is named for the “don’t hold back, just let go” approach artists Pamela Underhill and Rusty Lynn employ in their artmaking. Free. Visit www.convergence.org for more.

“Who The Wounded Are.” Through July 11 at Carlyle House Historic Park, 121 N. Fairfax St. “Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital” is about people who lived and worked at this site in Alexandria and their real life stories that inspired the PBS show, “Mercy Street.” Tickets are \$2-12. Visit www.carlylehouse.org for more.

Medical Care for the Civil War Soldier Exhibit. Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit www.alexandriava.gov/fortward for more.

Alexandria’s Nurses & Hospitals During the Civil War. Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama “Mercy Street,” with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit www.alexandriava.gov/lyceum for more.

Occupied City: Civil War Alexandria Self-Guided Tour. At The Lyceum, 201 S. Washington St. learn about the real history behind the show “Mercy Street” on this self-guided walking tour, which features significant Civil War Alexandria sites all within walking distance of The Lyceum, which was seized and used as a hospital during the war. Tickets are \$2. Visit www.alexandriava.gov/lyceum for more.

“Ancient Art of Movement.” 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Carmen Shippy, retired professional dancer, teaches a series designed for ages 50 and above. Movements are designed to strengthen core muscles and increase flexibility. Adjustments will be made for those with physical limitations.



The Art League Patrons’ Show Returns

The annual Patrons’ Show event features more than 600 works of original fine art donated by Art League artists, Art League Faculty, and Torpedo Factory artists. The number of tickets sold matches the number of works donated. For two weeks prior to the drawing, the show is on view in the Gallery, giving ticket-holders an opportunity to study the artwork and note their favorite pieces, so they’ll be prepared to select from the available artwork when their names are drawn at the show on Sunday, Feb. 14 at 4 p.m. Tickets are \$200-250. Visit www.theartleague.org for more.

IMAGES COURTESY OF THE ART LEAGUE

First lesson in the series is free for non-center members. To continue lessons, a yearly membership to all Senior Center programs is \$48. Call 703-765-4573 to sign up.

Flamenco Show. Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit www.latascausa.com.

French Movie Night. Every Thursday, 7 p.m. in the back room of Fontaine Caffe & Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-8151 or visit www.fontainecaffe.com/reviews.html.

Journey to Be Free: Alexandria Freedmen’s Cemetery. Through March, Tuesday-Saturday, 10 a.m.-4 p.m. Alexandria Black History Museum, 902 Wythe St. A new exhibit tracing the 150-year history of the long-forgotten Freedmen’s Cemetery, its rediscovery and how the new Contrabands and Freedmen’s Cemetery Memorial was created at the site. Call 703-746-4356.

Their Fates Intertwined: The Lees of Alexandria in the War of 1812. Wednesday-Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria’s citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit www.leefendallhouse.org or call 703-

548-1789. **Alexandria Cars and Coffee** invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina’s, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

Fifty Years of Collecting. Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit www.fortward.org or call 703-746-4848.

National Inventors Hall of Fame Exhibit. Through November at The National Inventors Hall of Fame-USPTO campus, 600 Dulany St. The exhibit features the stories of Inductees of the National Inventors Hall of Fame who served their country during World War II and returned home to help build the nation with their innovations. Free. Visit www.inventnow.org.

Dinner for the Washingtons. 12 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. A walking tour that goes behind the scenes to find out how food was prepared and served before the era of microwaves and TV dinners. \$5 in addition to estate admission. Visit www.mountvernon.org for more.

Second Thursday Music. Athenaeum, 201 Prince St. 7 p.m. Second Thursday of every month. Visit nvfaa.org to view concert calendar and listen to upcoming Second Thursday Music artists.

The Monday Morning Birdwalk takes place weekly, rain or shine (except during electrical storms, strong winds, or icy trails), at 7 a.m. (8 a.m. November through March), is free, requires no reservation and is open to all. Birders meet in the parking lot at the park’s entrance at 3701 Lockheed Blvd. Direct questions to Park staff during normal business hours at 703-768-2525.

Art for Life. Third Thursday of every month. 4:30-7:30 p.m. at Torpedo Factory, 105 N. Union St. Hyatt Regency Crystal City has partnered with the National Kidney Foundation for a program highlighting a different artist each month for a year.

Civil War Sundays. 1-5 p.m. at Alexandria Archaeology Museum, 105 North Union St., #327. Learn more about the Civil War as it occurred in Alexandria. Find dioramas, newspaper articles and more. Free. Visit www.alexandriarchaeology.org.

CAMPS, CLASSES & WORKSHOPS

Photography Workshop. 10:30 a.m.-12 p.m. at Multiple Exposures Gallery on 105 N. Union St. Photographers of all skill levels are invited to share work, ideas, and questions at this free workshop held on the last Sunday of each month, except December. No reservations. Call 703-683-2205.

Community Dance. 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. Tickets are \$4. Call 703-765-4573.

Life Drawing. Del Ray Artisans offers a range of open life drawing sessions

for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. Visit www.TheDelRayArtisans.org for a schedule.

Community Yoga. Wednesdays 9:30-10:30 a.m. and Sundays 7:30-8:45 p.m. at 532YOGA, 532 N. Washington St. Suite 100. No experience required to participate in weekly community class. Suggested \$10 donation. Visit www.532yoga.com.

SATURDAY-SUNDAY/JAN. 23-24, 30

Jane Franklin Dance: “Niche.” 7:30 p.m. at Theatre on the Run, 3700 S. Four Mile Run Drive, Arlington. Alexandria dance company Jane Franklin Dance performs “Niche,” which follows an unremarkable couple with a new house, big careers, and odd neighbors. Tickets are \$15 in advance and \$20 at the door. Visit www.janefranklin.com.

THURSDAY/JAN. 21

“Women, Work and Family: A French View.” 7-9 p.m. at The Lyceum, 201 S. Washington Ave. Executive Director, L’Alliance Française Sarah Diligenti will lead a discussion titled “Women, Work and Family: A French View.” Free, \$5 suggested donation. Visit www.womenworkfamily.eventbrite.com to register.

Morris Day and The Time. 7:30 p.m. at the Birchmere Music Hall, 3701 Mount Vernon Ave. Listen to live R&B. Tickets are \$69.50. Visit www.birchmere.com.

Civil War Ball Dance Class. 7:30-9:30 p.m. at Gadsby’s Tavern Museum, 134 N. Royal St. In preparation for the Civil War Ball on the Jan. 23, learn the waltz, polka, Virginia reel and more from an expert. Tickets are \$12 per class, \$30 for the entire series. Visit www.shop.alexandriava.gov.

FRIDAY/JAN. 22

Bottle Rockets. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. St. Louis-based Bottle Rockets celebrate the release of “South Broadway Athletic Club.” Tickets are \$29.50. Visit www.birchmere.com.

FRIDAY-SUNDAY/JAN. 22-24

“Into the Woods Jr.” 7:30 p.m. on Friday and Saturday, 2 p.m. on Sunday at Aldersgate Church Community Theatre, 1301 Collingwood Road. “Into the Woods, Jr.” features Cinderella, Little Red Riding Hood, Jack (and his beanstalk), and the Witch in this retelling of classic Grimm Brothers fables. Tickets are \$12 plus a service fee. Visit www.acctonline.org.

SATURDAY/JAN. 23

Preparing for a Ball. 10:30 a.m.-4 p.m. at Gadsby’s Tavern Museum, 134 N. Royal St. Explore the tavern where famous balls like George Washington’s Birthnight Ball were held and practice the tasks involved in preparing for a ball. Includes an 18th century dance lesson and a craft to take home. The program begins each 45 minutes. Tickets are \$6. Visit www.shop.alexandriava.gov for more.

Lee-Fendall House Birthday Tours. 1 p.m. at the Lee-Fendall House, 614 Oronoco St. In observation of the birthdays of Henry “Light Horse

SEE CALENDAR, PAGE 14

Swords, Sorcery and Laughs

Port City Playhouse presents "Medieval Story Land."

BY STEVE HIBBARD
THE GAZETTE

Red Knight Productions and the Port City Playhouse in Alexandria are presenting "Medieval Story Land" now through Jan. 30. When a simple elf with a heart of gold is given a magic sword, he must go on a dangerous journey to save Medieval Story Land from the evil Dark Wizards of Dark Wizard City and the terrible Dark Black Darkness. The show directed by Scott Courlander is a sequel to the 2014 co-production with Red Knight Productions and a must-see for fans of all ages who like their swords and sorcery loaded with laughs.

Director and producer Scott Courlander said "Medieval Story Land" was the play that launched his company. "Though I wrote the show, this was my first opportunity to direct it as well," he said. "In 2014, we produced the 'prequel' to 'Medieval Story Land,' 'The Ballad of the Red Knight,' at Port City, and it was tremendously well received. There are three plays in the 'Medieval Story Land' saga, and Port City has presented us with the wonderful opportunity to tell that story in order at the same venue for the first time returning many of the same actors in the same roles."

He said the play is first and foremost a comedy, a parody of the fantasy genre and a retelling the hero's journey. "Second, it's an adventure, full of magic, monsters and sword fights," he said. "But those two elements really disguise a play with a lot of heart. Our goal is to pull you in with the laughs and the fireworks, but ultimately to tell a story of self-realization. Also, we're just trying to have as much fun as possible."

He added: "Directing your own work can be an advantage and a handicap. On the one hand, I know the material about as well as one can and certainly never wonder about the author's intent. On the other hand, there's an important interpretive element of directing that can get glossed over. There's value in coming to the text without any preconceived notions and with a fresh creative slate. As a result, I've had to divorce myself from my role as playwright and open myself up to see the work anew. I put a lot of trust in my actors' creativity to find moments and elements and themes that I didn't know were in there."

He said they're not trying to make any

grand social or political statements or advance any agenda. "We're trying to be funny, but not at anyone's expense; we're not trying to push any artistic envelopes. We're trying to tell a story and have fun doing it. We hope the audience has as much fun as we do."

Actor Chris Herring, who plays the Red Knight, said he is someone you always want to win. "He is someone you want in your corner. He may have tough love for you but at least it is love. The Red Knight is the wise sage with a fire sword of justice."

Having played the Red Knight in the two bookend shows of this trilogy, he said his biggest challenge was to find exactly what state the Red Knight is in at the start of this story. "Red's timeline is long throughout this trilogy so being as true to the present circumstances for him was a welcomed challenge."

He added: "I hope folks will take away a fun and memorable experience after they see this show. There is a little something in this story for kids of all ages."

Actor Stephen Mead plays the role of the narrator, a clown. "I announce the scenes and keep the show moving. I have been in 'Medieval Story Land' as the narrator twice before, and Scott, the author, has written two other plays with parts for me as the same narrator/clown. Quite an honor," he said.

He said it is quite a challenge to get the witty text, which for his character involves a certain amount of repetition, word perfect, "but that is my goal."

He said the show is a very happy play, suitable for all ages, funny and fun with exciting swordfighting sequences.

"I am also excited because after the intermission of each performance I will be performing a solo show of about half an hour, 'Victorian Storytime,' playing all the characters and performing all the actions, as I have done in many venues in Great Britain, Europe and the U.S.," he said.

On Friday nights, he'll be performing from "Nicholas Nickleby" by Charles Dickens about a theatrical family, the Crummies, with a child star "the infant phenomenon." On Saturdays, the performances will be scenes from Lewis Carroll's "Alice's Adventures Underground" or "Through the Looking-Glass," which are funny and suitable for all ages.

Actor Reginald Richard plays the Green



PHOTOS BY AARON SKOLNIK

Katie Courlander stars as Minda and Chris Herring stars as the Red Knight in Port City Playhouse's "Medieval Story Land."

Knight, Father, and Sir Swordsley. "In the play each one of these characters seems to have something or someone they want to protect," he said. "In the case of the Green Knight, it's a powerful sword. Swordsley is very guarded when it comes to a young squire named Gil. They all have a thick displeasing layer of anger that prevents them from trusting others."

As far as challenges, he said the fight sequences have definitely been a challenge. "You're working with large swords and trying to make choreographed stage combat look believable. There's a lot of physical work and hand/eye coordination involved," he said. "However, I'm enjoying the experience of battling toe-to-toe with some of the actors."

Katie Courlander plays the role of Minda, a princess; Moonstar, a fate-nymph; and The Voice, a mysterious voice in a dream. "Minda is the love interest, and your typical young, sweet girl who gets mixed up with elves and trolls. She has a big heart and is Todd's biggest supporter," she said.

As far as challenges, she said she played the roles of Minda and Moonstar in the premiere performance back in 2012. "Since

that performance, I've played Minda's mother, Fanglett, in the prequel and sequel ("The Ballad of the Red Knight" and "Witches"). It's been a little bit of a challenge for me to play my own daughter. I've come to know Fanglett from the corresponding works so well, that I had to strike a balance of playing similar to the mother role, while making Minda a character in her own right."

She said she hopes the audience falls in love with theatre all over again. "There is something in this show for everyone — the adults will laugh harder than the kids. We're working with an extremely talented cast, and I think the audience will enjoy watching 12 performers create an entire fantasy world. They'll leave the show feeling connected to their loved ones and to their imagination."

Port City Playhouse is presenting "Medieval Story Land" on Jan. 22, 23, 29 and 30, at 8 p.m. Matinees are Jan. 23 and 29, at 2 p.m. Tickets are \$18 and \$20. The Lab at Convergence is located at 1819 N. Quaker Lane. Visit the website at www.portcityplayhouse.com for more.

CALENDAR

FROM PAGE 13

Harry" Lee and Robert E. Lee, the Lee-Fendall House will offer a guided walking tour of Lee family homes in Alexandria's Historic Old Town. Advance tickets purchased online are \$10, \$15 at the door. Visit www.leafendallhouse.org for more. **"Our American Girl!"** 1-3 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Join Mount Vernon's American girl, "Nelly Custis" on a tour of George Washington's estate.

Enjoy refreshments with "Lady Washington" and create colonial crafts. Tickets are \$35 for youth, \$25 for adults. Visit www.mountvernon.org for more.

Author Event. 2-3:30 p.m. at Beatley Central Library, 5005 Duke St. Gregg Riley, an inspirational speaker, author and retired U.S. Army Colonel will read from and sign copies of his new book "Steps to the Promised Land." Free. Call 703-746-1702.

Documentary Screening. 7 p.m. at Mount Vernon Unitarian Church, 1900 Windmill Lane. Watch a 90-

minute documentary on the life and principles of Aldo Leopold, author of "Sand County Almanac" and one of the principal conservationists/environmentalists of the 20th century. Free. Visit www.greenfiremovie.com for more.

Ladies Night Out Art Workshop:

Vision Board. 7-9:30 p.m. at Convergence, 1819 N. Quaker Lane. Women are invited to make vision boards for 2016. Tickets are \$45. Visit www.metamorphosisaec.com.

Envisioned Strings. 7:30 p.m. at the Lyceum, 201 S. Washington St.

Attend a concert featuring violin, cello, and bass playing the music of Schubert, Piazzolla, Friedlander, Friesen, and Pink Floyd. Tickets are \$20, \$15 for military, educators, seniors, and \$10 for students. Visit www.envisionedstrings.com for more.

Emily West. 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Country music artist performs. Tickets are \$25. Visit www.birchmere.com for more.

Civil War Ball. 8-11 p.m. at Gadsby's Tavern Museum, 134 N. Royal St.

The evening will include live music, dance instruction, and period desserts. Period attire, either civilian or military, is encouraged. Tickets are \$45. Visit www.shop.alexandriava.gov for more.

JAN. 23-FEB. 28

"Trending: Contemporary Art Now!" Gallery hours at the Target Gallery, 105 N. Union St. This all-media exhibition shows works by self-identifying women artists. Free.

ENTERTAINMENT

Visit www.torpedofactory.org/target for more.

SUNDAY/JAN. 24

American Association of University Women Program. 2-4 p.m. at Cameron Station Clubhouse, 200 Cameron Station Blvd. The Guest House Speaker's Bureau is a program in which women who have exited from prison/jail share their journeys about the origin of their difficulties, the nature of incarceration, and the steps they are taking to reenter society as responsible citizens. Their talks reveal insights into larger policy issues being addressed by the currently-heightened focus on improving the criminal justice system. Free. Call 703-548-1349 for more.

Presidential Salon: James Madison. 3-4:30 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. Since 1985, John Douglas Hall has been following the life of James Madison on a day-by-day basis. In appearance, in content, syntax, and with a command of the period and the man, Hall will portray James Madison and accept questions and conversation. Tickets are \$15, \$10 for students. Call 703-746-4242.

MONDAY/JAN. 25

SOHO Photography Exhibit. 10 a.m.-6 p.m. at The Art League, 105 N. Union St. Each of the 12 girls in the 2015-2016 Space of Her Own (SOHO) Old Town class was given a film camera and the opportunity to create a series of portraits and "hairtraits." Free. Visit www.theartleague.org for more.

"WIRED Alexandria." 6:30 p.m. at The Hermitage, 5000 Fairbanks Ave. Agenda: Alexandria presents "WIRED Alexandria: Is Our Historic City Living in the Past?" Neighboring jurisdictions offer dark fibre, cable/broadband choices and widespread public Wi-Fi hotspots important to today's businesses and young people. Cash bar followed by dinner. Tickets are \$32 for members, \$37 for nonmembers before Jan. 22; \$37 for members, \$42 for nonmembers after Jan. 22. Tickets for the program only are \$5 for nonmembers, free for members. Reservations required. Call Sherry Brown at 703-548-7089 or email agendaalexandria@aol.com.

Lecture: "Medical Heroism in Alexandria." 7 p.m. at The Athenaeum, 201 Prince St. Tom Schultz of DC Military Tours will discuss the heroism and challenges that doctors and nurses experienced in ministering to the wounded in Alexandria and the advances in women's rights and medical science as a result of their efforts. Tickets are \$10. Visit www.nvfaa.org for more.

TUESDAY/JAN. 26

Homeschool Day: Wrights' Flight. 1-2:30 p.m. at the Lyceum, 201 S. Washington St. Hear about Orville Wright's historic flight from Fort Myer to Alexandria and test basic principles of flight. Tickets are \$8 per child, free for adults. Visit www.shop.alexandriava.gov for more.

Annual Mount Vernon-Lee Chamber Meeting/Book Talk. 6:30-8:30 p.m. at Embassy Suites, 8100 Loisdale Road, Springfield. White House press corps member Paul Brandus will discuss and sign his book "Under This Roof." Tickets are \$45. Visit www.mtvernon-leechamber.com for more.

"Talking Mercy." 7-8 p.m. at Barrett Branch Library, 717 Queen St. A discussion of the show so far and a look at the "real" Alexandria. Visit www.alexandria.lib.va.us or call 703-746-1703.

Music at Mount Vernon. 7-9 p.m. at www.CONNECTIONNEWSPAPERS.COM

George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. "Music at Mount Vernon" is a three-part series designed to educate through music. Tickets are \$175 for all three events, \$125 for members and supporters. Visit www.mountvernon.org for more.

THURSDAY/JAN. 28

Reading: "Virginian Luxuries." 7 p.m. at The Athenaeum, 201 Prince St. Attend a staged reading of a new play written by Pamela Leahigh detailing the lives of two Alexandria families — one modern, the other living in the Civil War era. Tickets are \$15. Visit www.nvfaa.org for more.

Birthright Ball Dance Class. 7:30-9:30 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. In preparation for the Birthright Ball on Feb. 13, learn 18th-century English country dancing from expert dance instructors. Tickets are \$12 per class or \$30 for the entire series. Visit www.shop.alexandriava.gov.

JAN. 28-MARCH 6

"Shake Loose." Wednesday, Thursday, and Friday at 8 p.m., Saturday at 3 p.m. and 8 p.m., and Sunday at 3 p.m. and 7 p.m. at MetroStage, 1201 N. Royal St. "Shake Loose" features music and lyrics by Thomas W. Jones II, William Hubbard and William Knowles. It features stories and songs from MetroStage productions including "Three Sistahs," "Cool Papa's Party," "Ladies Swing the Blues" and more. Tickets \$55-60. Call 703-548-9044 or visit www.metrostage.org.

FRIDAY/JAN. 29

"Paris Vivra: France After the Attacks." 7-9 p.m. at the Lyceum, 201 S. Washington Ave. Guy Sorman, publisher of "France-Amerique" will present a lecture. \$5 suggested donation. Visit www.guysorman.eventbrite.com.

Civil War Wine Dinner. 7-10 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. Start your evening in the museum for the first course and conversation with Gray Ghost Vineyards. Then head down to the restaurant's main dining room to experience more wine and great food inspired by the 19th century. Tickets are \$100. Visit www.shop.alexandriava.gov for more.

The Fabulous Hubcaps. 8 p.m. at the Carlyle Club, 2050 Ballenger Ave. Oldies and classic rock show band. Tickets are \$25. Visit www.thecarlyleclub.com for more.

JAN. 29-FEB. 7

Alexandria Winter Restaurant Week. Neighborhoods throughout Alexandria — including Old Town, Del Ray and the West End. More than 60 Alexandria restaurants offer a \$35 three-course dinner or a \$35 dinner for two. More than two dozen restaurants are also offering lunch deals at \$10, \$15 or \$20 per person in addition to the dinner specials. Visit www.alexandriarestaurantweek.com.

SATURDAY/JAN. 30

"Explore the Real Mansion House." 10 a.m.-12 p.m. at the Carlyle House, 121 N. Fairfax St. Go behind the scenes and learn about the true story of the nurses, doctors, soldiers and Alexandrians who star in PBS's series "Mercy Street." The program will begin in one of the original lobbies of the hospital, normally closed to the public. Tickets are \$10 for Alexandria Historical Society members and friends of the

Carlyle House, \$20 for non-members. Visit www.alexandriahistoricalsociety.org for more.

Artist Workshop: "No Holds Barred." 10 a.m.-3 p.m. at The Gallery @ Convergence, 1801 N. Quaker Lane. Learn to make box sculptures. Supplies will be provided. Free. Visit www.ourconvergence.org for more.

"Northern Virginia Women in the Civil War." 2-3 p.m. at Burke Branch Library, 4701 Seminary Road. Prof. Alice Reagan discusses the changes in lifestyle for women during and after the civil war. Visit www.alexandria.lib.va.us or call 703-746-1704.

SUNDAY/JAN. 31

Alexandria's Destination Bridal Showcase. 11 a.m.-3 p.m. at the Carlyle Club, 2050 Ballenger Ave. Experience live music, talk with professionals in the areas of floral design, cake design travel, event planning, and more. Tickets are \$10. Visit www.carlyleclub.com for more.

Wonders of Science. 1-4 p.m. at the Stabler-Leadbeater Apothecary Museum, 105-107 S. Fairfax St. Visit the Apothecary and discover curious objects, from poison bottles to dragon's blood, find out how they were used and if they worked. During the hour-long tours, Project Enlightenment, McLean High School's historical-reenactment society, will conduct 18th century scientific demonstrations. Tickets are \$6. Visit www.shop.alexandriava.gov.

WEDNESDAY/FEB. 3

Lecture: Medical Care During the Civil War. 7:30 p.m. at The Lyceum, 201 S. Washington St. Learn about medical practices of the Civil War era and military hospitals in urban settings like wartime Alexandria by attending a lecture entitled "We are not Butchers: Military Surgeons of the Civil War." In honor of the PBS drama series, "Mercy Street." Tickets are \$5. Visit www.historicalalexandria.gov.

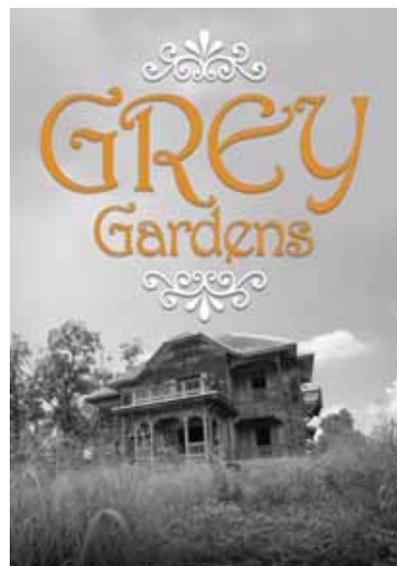
FEB. 3-14

Art League Patrons Show. Gallery hours at The Art League, 105 N. Union St. This annual event features 600+ works of original fine art donated by Art League artists, Art League Faculty, and Torpedo Factory artists. The number of tickets sold matches the number of works donated. Prior to the drawing on Feb. 14, the show is on view online and in the Gallery, giving ticket-holders an opportunity to study the artwork and note their favorite pieces, so they'll be prepared to select from the available artwork when their names are drawn. Admission to the gallery is free, tickets for the drawing are \$200 for one work of art and one seat, \$250 for a couple's ticket which includes two seats and one work of art. Visit www.theartleague.org/content/patrons_show.

THURSDAY/FEB. 4

Salon: An Artful Conversation. 6-8 p.m. at The Torpedo Factory, 105 N. Union St. Judith HeartSong's Salon: An Artful Conversation is a monthly meeting of artists, writers, and arts professionals. Free. Visit www.torpedofactory.org for more.

"Heroines of Mercy Street." 7 p.m. at The Lyceum, 201 S. Washington St. "Heroines of Mercy Street," a new book by historian Pamela Toler, tells the true stories of some of the nurses at the Mansion House Hospital, Alexandria's largest during the Civil War. Ask questions and learn more. Visit www.visitalexandriava.com/mercystreet.



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Sunday: 7:30 am; 9:00 am (with Sign Language Interpreter and Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm Monday-Saturday: 9:00 am Mass En Español: Monday, 6:30 pm; Thursday, 7:30 pm;	

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SPORTS

Wolverines to Face Spartans in Matchup of Top Teams

West Springfield and West Potomac, the top two teams in the Conference 7 boys' basketball standings, will meet for the second time this season as part of a doubleheader on Thursday, Jan. 21 at West Springfield High School.

The Wolverines will travel to take on the Spartans at 5:30 p.m. in a game that was moved up a day to avoid potential inclement weather in the area. The girls' game will follow at 7:30 p.m.

West Potomac sits in second place with a 5-2 conference record. The Wolverines have won five straight conference games, including a 64-55 home win against South County on Tuesday.

Khalil Williams Diggins led the Wolverines with 18 points. Jamie Sara scored 12 points, Brandan Lisenby finished with 11, Da'Jon Bellfield had 10 and Daryl Mackey added eight.

During West Potomac's five-game conference win streak, the Wolverines defeated Woodson, Lake Braddock, Mount Vernon, Annandale and South County by an average of 14 points, and defeated four of five by double digits.

"My kids are playing well, confident, defending well and hitting the offensive glass," West Potomac head coach David Houston III wrote in a text message. "[I'm] pleased with our execution. My point guard position has been winning that matchup lately and that helps. Points off the bench have been good and my forwards and guards have really been competing. Exciting to be a part of."

West Potomac opened conference play with a 61-54 loss to West Springfield at home on Dec. 15.

"We are better than our mid-December game with them, playing with solid momentum and confidence," Houston, a West Springfield High School graduate, wrote. "[We are] fully aware of [West Springfield's] fire power, and respect them. We think our improved play and identity will help lead us to success. Defense and togetherness is our calling card."

West Potomac's overall record is 8-6, Meanwhile, West Springfield's record is 13-1 and the Spartans made it through the first half of conference play with a 7-0 record. West Springfield has played several close games against conference opponents, beating Annandale by five, T.C. Williams by



Khalil Williams Diggins and the West Potomac boys' basketball team will travel to face West Springfield at 5:30 p.m. on Thursday, Jan. 21.



Alpha Kamara, seen earlier this season, and the Mount Vernon boys' basketball team defeated Annandale on Tuesday.

PHOTOS BY JEFF MCQUILKIN

four and South County by one.

The Spartans' only loss came against Landstown in the Westfield holiday tournament.

West Potomac will travel to face T.C. Williams (4-3 in the conference) on Tuesday, Jan. 26. The Wolverines lost to the Titans at home, 56-55, on Dec. 18.

Mount Vernon Boys Snap Losing Streak

The Mount Vernon boys' basketball team snapped a three-game losing streak with a 62-56 victory at Annandale on Tuesday.

The victory improved the Majors' record to 6-8 overall and 2-5 in Conference 7.

Sophomore Josiah Jimboy started at point

guard for the Majors and scored 16 points. Junior forward Mikel Gamble finished with 14 points.

"Josiah got the start at [point guard] last night and was effective in controlling and running the team," Mount Vernon head coach Lou Golden wrote in an email. "Mikel, Josiah, and Hameed Oyedele were effective in attacking the basket and were a combined 16-23 from the [free-throw line]. Defensively, we were able to improve our rebounding and get big stops."

Oyedele scored eight points for the Majors and Alpha Kamara had six.

Prior to the win, Mount Vernon lost to West Springfield (58-34), West Potomac (68-48) and T.C. Williams (68-62) after knocking off Lake Braddock, 87-79, on Jan. 5.

Golden returned to the Mount Vernon

bench on Tuesday after sitting out the T.C. Williams game as a result of being ejected from the Majors' loss to West Potomac on Jan. 12 for arguing with officials.

Mount Vernon is scheduled to host Woodson at 7:15 p.m. on Friday, Jan. 22.

Mount Vernon Girls Beat Annandale

The Mount Vernon girls' basketball team defeated Annandale at home on Tuesday, 54-51, improving its record to 5-8 overall and 2-5 in Conference 7. The win snapped a five-game conference losing streak.

The Majors are scheduled to host Woodson at 5:30 p.m. on Friday, Jan. 22.

— JON ROETMAN

BULLETIN BOARD

FROM PAGE 7

invites organizations to nominate volunteers who have provided outstanding service to an organization. Details are available at www.volunteerfairfax.org. Nominees will be honored at the 2016 Fairfax County Volunteer Service Awards breakfast on Friday, April 8 at the Waterford at Springfield.

TUESDAY/FEB. 9

Judges Needed. 8:30-11 a.m. The Mount Vernon Science Fair is in need of judges. Judges will listen to student presentations about their

projects, use a script to interview them briefly, and evaluate their work. From there, the judges will convene to pick 1st, 2nd, 3rd place and Honorable Mention winners. Refreshments will be served. Email Cameron Mathison at ccmathison@fcps.edu for more.

SATURDAY/FEB. 13

Boater Safety Class. 7:30 a.m.-5 p.m. at Knights of Columbus Hall, 8592 Richmond Highway. Recreational Boater Training, sponsored by the U.S. Coast Guard Auxiliary meets Virginia, Maryland, and D.C.

mandatory boating education requirements. \$40 or \$60 for two sharing the book. Contact Jean Ponton at 703-362-7079 or herpomp79@yahoo.com. Visit www.uscgaux.info/?unit=054-25-08.

ONGOING

The Mount Vernon Estate has released "The Winter Patriots," a video presentation about George Washington crossing the Delaware River on Christmas Day 1776. Buy the film for \$4.99 or rent for \$2.99 at mountvernon.org/winterpatriots. **Telephone Support Group.** 7-8 p.m.

on the 2nd Tuesday of the month. For family caregivers of older adults. Discuss "Keeping Organized as a Caregiver: What Works?" Share experiences, gain support and get information without having to travel. Free. www.fairfaxcounty.gov/dfs/olderadultservices.

Band musicians are invited to join the **Mount Vernon Community Band**. Rehearsals are Tuesday 7:30-9:30 p.m. in the Mount Vernon High School band room, 8515 Old Mount Vernon Road. There are no auditions. The Mount Vernon Community Band is a nonprofit community service organization that has performed in

the Mount Vernon area since 1978. 703-768-4172 or mvbands.com.

Alzheimer's Association support

groups provide a place for people with Alzheimer's, their caregivers, family members, and/or friends to share valuable information, caregiving tips and concerns throughout the Alzheimer's journey. Groups are facilitated by trained group leaders and are ongoing, free and open to the community. Call the Alzheimer's Association 24/7 Helpline at 800-272-3900 before attending a group for the first time to verify meeting information. Visit www.alz.org/nca.

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HANDYMAN

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Yellman

FROM PAGE 4

the student body after his military career. "He attended every single sporting event you can imagine there, whether my brothers and I played in it or not," said Vasquez. "He knew all the kids, and he knew them by name. Even after we graduated, he continued to go until the high school closed."

Yellman, has clear memories of his father's love of tennis. Jimmy said his father played tennis well into his 80s, and he and his wife were avid participants in their local tennis club.

Edward Yellman met his wife, Eunice Yellman, while he was registering for his Master's Degree, and she had a job at the registrar's desk. He asked her if she would like to get coffee, and they dated for six months. They met in September, and married the summer of that same year. They were married for 60 years.

Charlie Zdebski, neighbor and family friend of the Yellmans for 16 years, believes Edward Yellman typified generosity and kindness. He remembers Yellman as a prominent figure in the community. "You'd walk around, and you'd see Ed," Zdebski said, "That tall guy, with a smile, and a kind of dignified way about him."

"He attended every single sporting event you can imagine there, whether my brothers and I played in it or not. He knew all the kids..."

— Donna Vasquez, on her father's devotion to Fort Hunt High School

Zdebski has many fond memories of long conversations with Yellman about serving in Germany and Korea, as well as his family life. "I always loved to talk to him and hear stories about his kids and how he and Eunice moved through life."

Throughout his life, Yellman was involved in charity work. He was a 4th Degree member of the Knights of Columbus, nominated into the Honorable Order of Kentucky Colonels by the Governor of Kentucky, as well as part of the American Legion and Military Officers Association. He was a supporter of the Special Olympics organization, which he originally became involved with because one of his grandchildren had special needs.

In 1979, Yellman retired from the army and took up a position as a business manager at the Woodbridge Campus of Northern Virginia Community College, where he worked for 12 years. In 1991, Yellman retired from the college at the age of 66.

Yellman will be remembered for his devotion to his family and community. Vasquez said of her father's compassionate nature, "Anything that he believed in and saw good in was something he would put 100 percent of himself into."

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OBITUARY

Carol Joanne Eggleston, d. Dec. 31, 2015

Carol J Eggleston, 78, passed away Dec. 31, 2015 at Pratt Regional Medical Center in Pratt, Kansas. Carol was born Dec. 24, 1937 to Gladys Clemons in Lebanon County, Pennsylvania. She married Donald Patrick Eggleston of Alexandria, Virginia. He survives.

Survivors in addition to her husband Pat, include a son Brandon and his wife Kathy Eggleston of Alexandria, Virginia. A brother-in-law Barry Eggleston and his wife of Pratt, Kansas.

Memorial service will be held at 11am at National Memorial Park 7482 Lee Highway, Falls Church, Virginia.

Inlou of flowers, donations may be made to either Hungarian Vizsla or German Shorthair Pointer Rescues for dogs in her honor.

Obituary



On December 22, 2015, **Carolyn N. McDonald**, longtime resident of Alexandria, VA, passed away after a brief illness. Surviving Carolyn are her brother Kent Miller; daughters Margaret McDonald and Lara M. White (Brandon); granddaughter Nancy McDowell (Scott); three great-grandchildren (Zeke, Zack, and Zoey); and an extended family in CA, GA, ME, NH, SC, FL, NY, MN. Carolyn was preceded in death by her beloved husband of 61 years, Roy, who passed away in 2007. Family and friends are invited to attend a memorial service on January 23, 2016 at 11:00 am at Heritage Presbyterian Church, 8503 Fort Hunt Road, Alexandria, VA.

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TAKE NOTICE

The City Council of the City of Alexandria will be attending VML Day at the Capitol, Wednesday, January 27, 2016, at the Library of Virginia, 800 East Broad Street, Richmond, Virginia. There will also be a dinner with the City's Legislative Delegation co-hosted by Arlington County following the VML Day activities. There will be three or more Council members in attendance.

For more information, please call 703-746-4550.

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Public Hearing will be held by the City Council of the City of Alexandria, Virginia, in the Council Chambers, City Hall, City of Alexandria, Virginia, on Saturday, January 23, 2016, at 9:30 a.m., or as soon as may be heard on the hereinafter described items.

AN ORDINANCE to amend and reordain Title 10 (MOTOR VEHICLES AND TRAFFIC) Chapter 1 (GENERAL PROVISIONS) of the Code of the City of Alexandria, Virginia, 1981, as amended.

The proposed ordinance adds the section of West Rosemont Avenue between Commonwealth Avenue and Russell Road to the list of roads not accessible by thru trucks.

AN ORDINANCE making supplemental appropriations for the support of the government of the City of Alexandria, Virginia, for fiscal year 2016.

The proposed ordinance accomplishes the adoption of supplemental appropriations for the operation of the city government in fiscal year 2016.

THE PUBLIC IS ADVISED THAT AMENDMENTS OR ADDITIONS MAY BE MADE TO PROPOSED ORDINANCES WITHOUT FURTHER PUBLICATION. IT IS RECOMMENDED THAT PERSONS INTERESTED IN ANY OF THESE ORDINANCES OBTAIN FREE FULL-TEXT COPIES FROM THE CITY CLERK AT CITY HALL. JACKIE M. HENDERSON, MMC, CITY CLERK.

21 Announcements 21 Announcements 21 Announcements 21 Announcements

LEGAL NOTICE
Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

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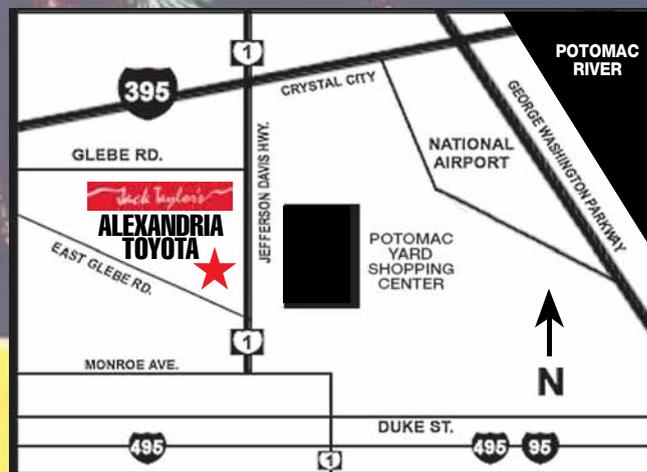
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Sunday, 10 am to 4 pm

Sunday by appointment only.

Make your next service appointment at:
alexandriatoyota.com

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ServiceCenters
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a Toyota



ToyotaOwnersOnline.com

TOYOTA
LIFETIME GUARANTEE



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Mufflers • Exhaust Pipes • Shocks • Struts
Toyota mufflers, exhaust pipes, shocks, struts and strut cartridges are guaranteed to the original purchaser for the life of the vehicle when installed by an authorized Toyota dealer. See us for full details.



TOYOTA GENUINE SERVICE
BUY 3 TIRES AND GET 4TH FOR \$1

Got Tires? NO CHARGE road hazard protection, tire warranty, and free courtesy MULTI-POINT inspection. Price match guarantee. See service advisor for details.

BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
WINTER MAINTENANCE SPECIAL \$59.95

INCLUDES: Genuine Toyota oil filter, up to 5 qts of conventional oil*, inspect windshield wipers, tire rotation, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air Alexandria Toyota's 27 pt. inspection & cabin air filters

*SYNTHETIC OIL, SHOCK BORE, NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
BRAKE SPECIAL \$99.95

INCLUDES: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. TCMC pads only.

MACHINE ROTORS AN ADDITIONAL \$199.95.

COUPON NOT APPLICABLE TO ALL VEHICLES. PLEASE SEE SERVICE ADVISOR FOR DETAILS. NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
Purchase Site Line Wiper Blades and Receive 1 year RAINEX OPTIMAL PERFORMANCE APPLICATION \$59.95

INCLUDES: FREE touch ups. Dramatically improve wet weather driving visibility.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

WINTER SAVINGS

TOYOTA GENUINE SERVICE
LUBE, OIL & FILTER SERVICE SPECIAL

\$5 OFF \$10 OFF

NON-SYNTHETIC SYNTHETIC

INCLUDES: Change oil (up to 5 qts.), install Genuine Toyota oil filter, inspect & adjust all fluid levels and complimentary multi-point inspection with print out.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
TRUE START BATTERY SPECIAL \$139.95

INCLUDES: BATTERY INSTALLATION

Includes: 84 month warranty, 24 month FREE replacement, 24 month FREE roadside assistance, 60 month prorated. PLUS we'll check all battery cables & connections.

Does not apply to hybrid batteries.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
DETAIL SPECIALS

\$39.95 Wash & Vacuum

\$139.95 Hand wash, wax & interior cleaning

\$295.95 Full premium detail

By appointment only. Vans & SUVs additional.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
ROTATE & BALANCE SPECIAL \$59.95

INCLUDES: Rotate and balance all 4 wheels and inspect brakes and tires.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
VARIABLE DISCOUNT

\$5.00 OFF with purchase of \$35.00 - \$49.99
\$10.00 OFF with purchase of \$50.00 - \$99.99
\$15.00 OFF with purchase of \$100.00 - \$199.99
\$20.00 OFF with purchase of \$200.00 - \$499.99
\$50.00 OFF with purchase of \$500.00 Or more

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
NITRO-FILL \$39.95

We will purge the tires of air and refill them with nitrogen.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
BG FLUID EXCHANGE SPECIAL

TRANSMISSION FLUSH \$189.95
POWER STEERING FLUSH \$139.95
BRAKE FLUSH \$139.95
FUEL INDUCTION FLUSH \$139.95

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
15% OFF ANY ACCESSORIES

• Apparel • Window visors
• i-pad adaptors • All weather floor mats
• Toyota bedliners

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TOYOTA GENUINE SERVICE
COMPLIMENTARY MULTI-POINT INSPECTION

INCLUDES: Inspect tires, brakes, wipers, lights, belts & hoses & fluid levels.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
4 WHEEL ALIGNMENT \$79.95

Your car's alignment suffers, and can cause uneven tire wear, steering problems and decreased fuel economy.

INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
WE WILL MEET OR BEAT ANY LOCAL TOYOTA DEALERSHIP'S CURRENT ADVERTISED SERVICE SPECIALS

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. OFFER EXPIRES 1/31/16

TOYOTA GENUINE SERVICE
30000 MILES FACTORY RECOMMENDED SERVICE \$159.95

Synthetic \$10 More

INCLUDES: Change engine oil & filter (up to 5 qts), rotate tires, inspect wear and adjust pressure, measure brake pad thickness & rotor runout, replace cabin air filter (if equipped), replace engine air filter, reset maintenance reminder light (if applicable) and multi-point vehicle inspection.

NOT VALID WITH ANY OTHER OFFER OR COUPON. TOYOTA VEHICLES ONLY. COUPON MUST BE PRESENTED AT TIME OF WRITE-UP. VALID ONLY AT ALEXANDRIA TOYOTA. AX AND SHOP SUPPLIES ADDITIONAL. OFFER EXPIRES 1/31/16

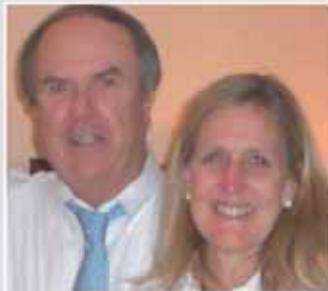
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*Planning to sell in 2016?
Now is the time to call Chris & Peggy White!
Leading the Area in Real Estate. SOLD!!!*



OPEN SUN!

NEW PRICE!



9329 Mount Vernon Circle \$1,099,000
One of Area's Most Admired Properties!
Classic Georgian manor home crafted by legendary master builder, Eugene Cullinane to serve as model for homes in upscale Mt Vernon on the Potomac neighborhood. Special home contains builder's trademark features including custom brickwork, elaborate plaster moldings, estates size rooms, stately 10' ceilings & imposing 13' wide foyer. Private marina access in area's leading waterfront community. True one of a kind property! **Open Sunday, 1/24, 1-4. GW Pky S, past Estate; L-Ferry Landing; R-Mount Vernon Cir**



OPEN SUN!

JUST LISTED!



2403 Stirrup Lane \$569,000
Updated Contemporary!
Gorgeous fenced lot, just one block from Stratford Elem. Extensive updates throughout including brand new custom kitchen, 3 updated baths. Gorgeous hardwood floors, and total interior painting. Cathedral ceilings. Size, condition, location & price add up to best value in area. **Open Sunday, 1/24, 1-4. GW Pky S; R-Collingwood; L-Fort Hunt; R-Elkin, becomes Londonderry; R-Camden; L-Stirrup.**



3163 Woodland Lane \$950,000
Prime Waterfront—Acre Lot!
Minutes from Old Town, just off GW Parkway. Stunning custom home designed by two owner architects featuring delightful combination of classic Mount Vernon inspired exterior with spectacular open floor plan. Glass walls and meticulously planned siting capitalizes on water views provided by elevated lot. Custom two story dock with upper level deck, 182 ft frontage on Little Hunting Creek. Unique opportunity to acquire a prime close-in waterfront property with dock for under \$1,000,000!



JUST LISTED!

OPEN SUN!

8605 Cotswold Ct \$669,000
Three Car Garage—
Owner has moved and wants immediate sale - result: the most home for the money in Fort Hunt area! Fabulous features

including rare three car garage, open floor plan, hardwood floors and sunroom. Recently updated roof and HVAC system. Large level lot fronts quiet cul-de-sac. Size, condition, location and price create truly unique opportunity! **Open Sunday, 1/24, 1-4. GW Pky S; R-Collingwood; L-Fort Hunt; R-Elkin; L-Wittington; R-Cotswold Ct.**



3719 Riverwood Rd \$709,000
Fabulous Opportunity—Prestigious Riverwood!
Exceptionally attractive price for updated Colonial in premier riverfront community. Recent work including custom interior

paint and beautifully refinished hardwood floors provide true "move-in" opportunity! Other features include main level family room w/fireplace & custom built-ins, bright white kitchen, 4 spacious bedrooms, thermal windows, 2 car garage. Gorgeous setting on large fenced lot.



CONTRACT!

9408 Brambly Lane \$1,095,000
Builder's Showcase!
Spacious Colonial by Wakefield Homes—the area's leading custom builder! Home has striking open floor plan accentuated by high ceilings and large

windows which bring light to every corner of the home. Features include: 3 luxuriously finished levels, open kitchen-family room, spacious MBR and 3 car garage. Deck overlooks private wooded yard. Prime location on quiet cul-de-sac. Impossible to duplicate at close to this price!



NEW PRICE!

8931 Fort Hunt Rd \$729,000
Prime Location—Updated Throughout!
Best value in prestigious Plymouth Haven! Fabulous updated 5BR home on magnificent half

acre lot. Prime location just across from Ft Hunt Park. Spacious home is loaded with upgrades and custom features. Stunning beautiful grounds with custom in-ground pool. Wayneswood School. Adjoining property just sold for \$1.6. Other recent neighborhood sales \$1.5 - \$1.7. Super value.



NEW HOME!

8708 Plymouth Rd \$1,499,000*
Classic American Four Square Design—*Special Pre-Construction Price!
Best of both worlds—classic American Four Square exterior combined with stunning modern floor plan and amenities. Numerous features include open floor

plan, high ceilings, top line kitchen and baths. Prime location on half acre level lot in popular Plymouth Haven. Pre-construction contract provides maximum opportunity to customize and discounted price!



CONTRACT!

9119 Buckner Rd \$598,922
Character Abounds—Backs to Parkland!
Classic Cape, carefully expanded to maintain the character of the original home and capitalize on

natural beauty of half acre grounds. Numerous features include 3 full baths with potential first floor master suite, hardwood floors, spacious family room overlooking grounds. Oversize carport. Expansive exterior decks overlook magnificent grounds. Uniquely beautiful, private setting backing to acres of parkland at Grist Mill Park.



CHRIS WHITE 703.283.9028

www.chrisandpeggywhite.com
chris.white@longandfoster.com

Alexandria/Old Town Historic - 400 King Street, Alexandria, VA 22314

